# Guiding Questions

a. What are the concerns of Mrs. Chan (including physical, psychological, social, and spiritual aspects?

- Cannot fulfill Religion Needs (Cannot go to church)

- Walking Problem （arthritis），constipation for 6 days

- Social: No 散步， 朋友聚餐

- Psychological: 煮飯 → Family Harmony → 自責 (Guilty Feeling)

b. What are the further questions that you want to ask and/or physical examinations to clarify the suspected needs of Mrs. Chan’s knee problem?

[行幾步]

COLDSPA

• Character: [紅腫痛，好Hing]

• Onset: 4yrs, but much more two week

• Location: Keen

• Duration: 4yrs, but increased severity before two week

• Severity: [疼痛指數:8/10]

• Pattern: Walking，行路

• Associated factors：Painful so Constipation, High Stress Level

c. Please differentiate the subjective and objective data for Mrs. Chan from the scenario

|  |  |
| --- | --- |
| Subjective | Objective |
| * Pain Index (疼痛指數): 8/10 * Stress Level Assessment * Interference of Social Network | * Vital Signs * Severity (紅腫，好Hing，唔可以行路) * Morse Fall Scale |

d. How are you going to validate these data against your hypotheses?

|  |  |
| --- | --- |
| Hypotheses | Validation |
| * High Stress Level * Pain Index * Severity Constipation (High Stress Level & Low Intention for Food Intake & Worry) * Social Health | * Psychological Consultation * Morse Fall Scale * Bristol Stool Chart * Consult their family |

# Guiding Questions From Other Group

Subjective:

* Pain Index
* Hotness (although it is assessment done by the Healthcare Professional)
* Constipation for 6 days

Objective:

* Vital Sign
* Redness

How to differentiate:

* Subjective: Patient Self-Report
* Objective: Assessment Done by the Healthcare Professional, Vital Sign